I FEEL LIKE GRIT!

DR. MOSADI PORTER
ASSOCIATE DEAN, ADMISSIONS AND OUTREACH
LONE STAR COLLEGE – UNIVERSITY PARK
MY 3 RULES

TRANSPARENCY

GOD

PARTICIPATION
GRIT

THE SCIENCE OF WHAT IT TAKES TO PERSEVERE, FLOURISH, AND SUCCEED.
GRIT

YOUR CAPACITY TO DIG DEEP, TO DO WHATEVER IT TAKES – ESPECIALLY STRUGGLE, SACRIFICE, EVEN SUFFER – TO ACHIEVE YOUR MOST WORTHY GOALS

INFORMATION ADAPTED FROM GRIT: THE NEW SCIENCE OF WHAT IT TAKES TO PERSEVERE, FLOURISH, SUCCEED BY DR. PAUL G. STOLTZ
Adversity Is Opportunity In Disguise
Growth
Your propensity to seek and consider new ideas, additional alternatives, different approaches, and fresh perspectives

Resilience
Your capacity to respond constructively and ideally make good use of all kinds of adversity

Instinct
Your gut-level capacity to pursue the right goals in the best and smartest ways

Tenacity
The degree to which you persist, commit to, stick with, and relentlessly go after whatever you choose to achieve

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SITUATIONAL GRIT
Rather than asking yourself, "Where do I spend my time?" consider asking yourself, "Where do I invest my Grit?"

Home  Work  School  Money
Relationships  Community  Other

ASCENDING LEVELS OF GRIT
Since Grit is all about impact, it’s important and useful to consider how that impact tends to increase in ascending orders of magnitude, like climbing the rungs of a ladder.
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GRIT
IN OUR STUDENTS
MY GRIT STORY
GRIT IN STUDENT SERVICES
YOUR GRIT STORY
• Say I feel like GRIT
• Grace
• Reset
• Intentional
• Time
EXERCISE YOUR GRIT BUT DON’T FORGET

You are not alone...
THANK YOU