



What Are My Career and Major Interests?

Below are six short lists of activities. By placing a check next to those items that you might enjoy, you can find the career areas in line with your interests. Here's how:

- Place a check next to each item in the lists below that you enjoy or might enjoy.
- When you reach the end of each list, write the total number of items checked in the box labeled "Total Number Checked."

I would enjoy...		
1.	Buying things and selling them for profit	
2.	Supervising or managing others	
3.	Running for an elected office	
4.	Owning and operating a business	
5.	Marketing goods or services	
6.	Door-to-door sales or telemarketing	
		Total Number Checked (Items 1-6):

I would enjoy...		
7.	Developing a system for sorting and organizing things (e.g., family pictures)	
8.	Managing money and financial planning	
9.	Tracking and restocking a store's inventory	
10.	Comparing prices and features of different brands	
11.	Operating office equipment (e.g., fax machines, copiers, scanners)	
12.	Calculating loan payments	
		Total Number Checked (Items 7-12):

I would enjoy...		
13.	Building or assembling furniture	
14.	Repairing or fixing something (e.g. car, lawnmower, bicycle, toys, appliances)	
15.	Working outdoors (e.g., yard work, construction, farming)	
16.	Reading building plans or blueprints	
17.	Taking apart an appliance, machine, or gadget to see how it works	
18.	Raising and breeding livestock or tending to animals in a shelter	
		Total Number Checked (Items 13-18):

I would enjoy...		
19.	Learning about physics, biology, or chemistry	
20.	Reading scientific magazines or articles about new findings	
21.	Conducting scientific experiments	
22.	Identifying and classifying different types of insects	
23.	Working in a scientific laboratory	
24.	Studying our solar system	
		Total Number Checked (Items 19-24):

I would enjoy...		
25.	Going to an art museum	
26.	Performing at an "open mic night"	
27.	Attending an opera, ballet, or classical music concert	
28.	Drawing, painting, or sculpting	
29.	Directing a play, television show, or movie	
30.	Writing a short story, poem, or book	
Total Number Checked (Items 25-30):		

I would enjoy...		
31.	Helping someone with his or her personal problems	
32.	Volunteering at a hospital or homeless shelter	
33.	Teaching or coaching others	
34.	Providing first aid, emergency response, or rescue operations during a crisis or disaster	
35.	Helping settle an argument between two people	
36.	Helping introduce new people to my community	
Total Number Checked (Items 31-36):		

Using Your Scores:

- Now that you have completed each of the six lists of items, fill in the blanks in the table below with the number listed in the corresponding "Total Number Checked" box.

Items:	(1-6)	(7-12)	(13-18)	(19-24)	(25-30)	(31-36)
Total Number Checked:						
World-of-Work Map Career Areas:	A-D	E-G	H-N	O-Q	R-V	W-Z

- Find your two highest scores among the six "Total Number Checked" scores above. Circle the columns that contain your two highest scores, making sure you include the "World-of-Work Map Career Areas" that correspond with your high scores. (If there are ties, pick the two areas you think you may be most interested in.)
- After you have found your two highest scores, visit the World-of-Work Map on the following website: <http://www.act.org/wwm/index.html>

The World-of-Work Map consists of 26 career areas in eight regions. Each career area is labeled with a letter of the alphabet and is located within one of the eight regions identified on the outer ring of the map. Select a region that contains any of the career areas that correspond to the columns you just circled in the table above.

- Finally, talk to your academic advisor or visit your career center to learn about the ways you can tailor your college education to the career area that most interests you. Also, visit "Building Professional Relationships" in the SRI Tool Shop to learn how to meet alumni and professionals in your field of interest.