PLANNING to Prepare for the ACT

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Hola!
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● Who are You?
● Importance of Planning…
● Set Your Goal!
● Make a Plan…
● How Do We Get There?
● Resources
Who are You?

“Knowing yourself is the beginning of all wisdom.”
Aristotle
You Are The Hero of Your Own Story
The Importance of Planning

“By failing to prepare, you are preparing to fail.”

Benjamin Franklin
Cram -vs- Plan
Why Do It?

Having a plan helps set achievable goals

- Drives a sense of preparedness
- Identifies areas to focus on
- Improves understanding
- Creates satisfaction
- Manages expectations
- Increases confidence
- Lowers ANXIETY
Set Your Goal

“Our goals can only be reached through a vehicle of plan, in which we must fervently believe and upon which we must vigorously act. There is no other route to success.”

Pablo Picasso
What Are You Trying to Achieve?
What’s Your Goal?
Set a benchmark to strive for!

- Best Score
- College Acceptance
- First choice college
- Empowered to choose
- Scholarships
- Write it down!
Did You Know?

ACT has College Planning Resources and checklists for every year of high school!

https://www.act.org/content/act/en/students-and-parents/college-planning-guide-for-parents.html#plan
Make a Plan

“One important key to success is self-confidence. An important key to self-confidence is preparation.”

Arthur Ashe
And Stick To It!
Understand where you’re at

Calendars and check lists are your friends!

- 6 days, 6 weeks, 6 months
- Identify areas to focus on
- Plan your practice and study time
- Set aside small amounts of time for studying over an extended period
- Make a calendar of your schedule
- Keep it flexible for surprise homework assignments, extracurricular activities and fun
- Commit!
Did You Know

• ACT has free resources to help you plan to achieve the score you want!

• https://www.act.org/content/act/en/students-and-parents/college-planning-resources/testing-advice-for-the-act/six-steps-to-success.html
How Do We Get There?

“How do you get to Carnegie Hall? Practice, practice, practice!”
Nameless musician - violinist Jascha Heifetz
Where Do I Start?

Remember when you first learned to ride a bike? Learned to swim?

- Know the test – sections, question count and time allocated
- Get familiar with the content of each test section
- Update your knowledge and skills in the content areas
- Study content areas you’re not familiar with
- Learn test strategies and time management
- Start or join a study group
Did You Know?

ACT offers a free full length practice test including the optional writing test!

“Before anything else, preparation is the key to success.”

Alexander Graham Bell
Start With the Test Authors!
Did You Know?

• ACT is a mission-driven, nonprofit organization dedicated to helping people achieve education and workplace success

• Backed by 60 years of research, we’re a trusted leader in college and career readiness solutions

• We serve millions of students, job seekers, schools, government agencies and employers in the US and around the world

• We deliver learning resources, assessments, research and credentials to help our customers succeed from elementary school through their career
But That’s Not All
Free Stuff

ACT offers free resources at ACT.org and MyACT.org.

• Subject tests with scoring and contextual resources
• Practice questions
• Question of the Day
• Full length Practice Test
• Guides for Preparing
• Even more from our publishing partners
• The World Wide Web
• MyACT Free Online Practice Test:
  • Requires you to be logged into https://my.act.org/

• Free Test Prep Guide:

• Free Preparing for the ACT:
  • https://cloud.e.act.org/free-practice-act-test

• ACT Test Prep Hub:

• ACT Publishing Partners:
  • https://www.kaptest.com/act/free/act-free-practice-test
  • https://www.efficientlearning.com/act/resources/
Recap

Some key take-aways…

• Know Yourself
• Set a Goal
• Make Plan
• Stick to It
• Gather Your Resources
• Perform Your Best
And If All Else Fails
Try Again!

It's not one and done!

Superscoring FAQs:

https://www.act.org/content/act/en/students-and-parents/college-planning-resources/testing-advice-for-the-act/superscore-faqs.html

• Retest
• Build up your knowledge
• Superscoring!

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You’ve Got This!
QUESTIONS?
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For tips and reminders
THANK YOU
FOR JOINING US