ACT Engage measures personal, behavioral and academic skills critical to college achievement. Low scores on ACT Engage represent areas that, when improved, may increase your GPA and make it easier to focus on completing college. This report is designed to help you identify your strengths and needs in order to ensure that you are successful in your college career.

### Scales and Scores

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<thead>
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<th>Scale</th>
<th>Score</th>
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<th>Norms for 4-year institution</th>
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<tr>
<td>Commitment to college</td>
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<td>Goal striving</td>
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<td>Steadiness</td>
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### Capitalize on your strengths

99 **Academic self-confidence**

_The belief in one’s ability to perform well in school_ — Your score on this scale suggests you feel highly confident in your ability to succeed academically. Confidence in your abilities is critical to your academic success.

99 **Commitment to college**

_One’s commitment to staying in college and getting a degree_ — Your response suggests that you feel confident in your reasons for continuing your education. You see yourself as determined to invest the necessary time and effort required to attain a high school diploma and college degree.

77 **Goal striving**

_The strength of one’s efforts to achieve objectives and end goals_ — Your response indicates that you see yourself as goal driven. You generally set appropriate goals and you feel confident in your ability to achieve these goals. Establishing and accomplishing goals is an important life skill that is essential for success in high school and beyond and will help you to maintain your motivation, energy, and focus.

### Continue to develop your skills

57 **Social activity**

_One’s comfort in meeting and interacting with other people_ — Your response suggests you feel relatively comfortable interacting with people you do not know and making new friends. Your social skills may benefit you in courses that emphasize team projects and other collaborative assignments.
42 Steadiness
One’s responses to and management of strong feelings — Your response indicates that you see yourself as capable of effectively controlling your emotions. You feel as though you do not often lose your temper and you manage frustration well. You are fairly effective in keeping emotions from affecting your academic performance and other important activities in your life.

35 Social connection
One’s feelings of connection and involvement with the college community — Your response suggests you see yourself as connected with your school and its student body. Your involvement in school activities will provide a valuable source of stress relief and social interaction that will serve to enhance feelings of connection.

33 Communication skills
Attentiveness to others’ feelings and flexibility in resolving conflicts with others — Your score on this scale suggests that you tend to see yourself as fairly comfortable when communicating with others, handling interpersonal conflicts, and working collaboratively with others. These skills will help you in learning and work environments as you effectively exchange information, cooperate with others, and work as a team member.

Make plans for improvement

23 Academic discipline
The amount of effort a student puts into schoolwork and the degree to which a student is hardworking and conscientious — Your response suggests you frequently approach academic related tasks with less enthusiasm and effort than other students. You may frequently rush through your homework without giving much attention to detail, turn in poor or incomplete work, or give up on difficult tasks or problems.

20 General determination
The extent to which one strives to follow through on commitments and obligations — Your score on this scale suggests that you see yourself as someone who often has difficulty fulfilling your assigned responsibilities or duties. If something more interesting presents itself, you may pursue that interest rather than uphold your prior obligations and/or tend to your commitments. Other people may not be able to depend on you to fulfill your promises.

14 Study skills
The extent to which students believe they know how to assess an academic problem, organize a solution, and successfully complete academic assignments — Your response indicates that you feel you lack good study skills, problem-solving skills, and learning strategies. Like academic abilities, these skills are important in predicting your success in high school and beyond.

Recommended plan of action

Overall, your ACT Engage scores suggest that you are likely to benefit from campus resources for promoting academic success and attaining a college degree. Consult with a counselor or academic advisor who can assist you to develop a plan of action for improving your skills. Further, consult the student tool shop for helpful information and sample strategies.

There are services available at your institution that may be helpful to you:

- Develop strategies for improvement. Take advantage of campus resources recommended to you. By using campus resources, you can enrich your college experience and improve your chances for success. Your advisor can help you customize a plan of action.
- Capitalize on your strengths. Talk to your academic advisor about ways to take advantage of your strengths.
- Find out more about campus services and get a list of helpful workshops and events at your institution's website or advisory office.
- Visit the student tool shop for information and exercises to aid you in constructing your improvement plan.