

TURBO LEADER

GRADE:

6-8

LENGTH:3 courses;
17 lessons per course**STANDARDS:**

National Standards (Health); Common Core (ELA & Math); ASCA; CASEL-recommended

DESCRIPTION

As students enter middle school, they need a new set of skills because they face more autonomy, more responsibility, and greater social pressure than before. In the 3-year Turbo Leader curriculum, students learn how to build confidence, boost academic achievement, and manage complex interpersonal relationships. By the end of the program, students will have mastered dozens of proven strategies for promoting growth, solving challenges, and achieving their goals. In Turbo Leader I, students learn the foundational skills to support their early middle school journey, focusing on building agency and growth mindset. Turbo Leader II empowers student voice and helps them develop healthy coping mechanisms to handle challenges. Turbo Leader III sets students on a path for future success, with conflict resolution skills, navigating peer relationships, and support for the transition to high school. Through applying these powerful skills, students can make meaningful differences in their schools and communities.

OTHER BENEFITS

This course may be used as a credit-bearing course, as a supplement to an existing course, during summer school, as part of an after-school program, or as part of an athletic program.

**88% OF STUDENTS WHO COMPLETED TURBO LEADER SAID
THAT THE COURSE HELPED THEM FEEL MORE PREPARED
FOR TOUGHER CLASSES IN HIGH SCHOOL.**

-BRIDGET GAINER, PRINCIPAL OF HILLSIDE ELEMENTARY

KEY CURRICULUM CONCEPTS

- ✓ Building confidence and the SEL skills to succeed
- ✓ Establishing a growth mindset
- ✓ Effectively managing time, setting goals, and studying organized
- ✓ Creating strong friendships, based on mutual respect



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