



SEL IN ACTION

Proven K-12 Social Emotional Learning
programs + easy-to-use measurement tools

Evidence-based. Measureable. Results-driven. Easy-to-use.

Evaluating students' progress in building social and emotional (SE) skills is just as important as evaluating their academic learning skills. Measure CASEL-aligned SE skills, plus school climate, and provide clear feedback to students, educators, and parents with these proven assessments.

Mosaic by ACT SEL Screener

Based on the growing need for quick and frequent pulse checks on social and emotional skills for students in ALL grade levels, we offer a screener for grades 3-12. By using items and activities that are age appropriate, this shorter assessment can be completed in 5 to 7 minutes or less. Administer the screener up to four times over the course of a year to quickly pinpoint areas of strength, improvement, and perception of school climate.

Mosaic by ACT SEL Assessment

Educators need to know where students' social and emotional skills are now, provide actionable feedback, and monitor progress throughout the school year. Measure student social and emotional development and growth with this formative assessment. It's easy to administer, fully online, and requires no special and time-consuming preparation.

Accurate and Valid Reporting Dashboard

View summary-level and detailed reports via the interactive dashboard with information about students' social and emotional skills. Use to facilitate conversations with students, families, or educators about the skills. Get personalized feedback reports, actionable insights, implementation guidance, and a readiness index. Levels of reporting range from region and district levels (macro), as well as school, classroom, and student levels (micro).

Put the Growth Mindset into Action

SEL Success for Educators

[A starting point for success](#)

Educators benefit greatly from comprehensive preparation before implementing and facilitating the Mosaic by ACT SEL curriculum. This 12-hour course, split into two parts (A and B), thoroughly prepares educators to ensure a strong understanding of the curriculum they will deliver; supports reflection upon, developing, and modeling their own social and emotional competencies; and guides educators toward supportive classroom environments and positive relationships.

Intended for: Administrators & Educators

Course length: 2 days - 12 hours

SEL Success Champions

[Ensure ongoing success](#)

The SEL Champions program is designed to build capacity and support ongoing district implementation of SEL programming. ACT SEL experts deepen SEL Champions' knowledge of how best to use the Mosaic™ by ACT® Social Emotional Learning curriculum and assessments. In many districts, each school implementing the curriculum will have one or two SEL Champions as well as one or more Champions who are district leaders.

Intended for: Administrators & Educators

Course length: 2 days – 12 hours

Powerful Educator: Trauma-informed SEL

[Creating a supportive environment for all learners](#)

Powerful Educator: Trauma-Informed Social Emotional Learning can be completed as a standalone module or as a capstone follow-up to the Powerful Educator program. This course helps educators understand the impact of trauma on students and how to apply trauma-informed practices in their classroom and the school at-large.

Intended for: Administrators & Educators

Course length: 3 lessons plus booster activity

Teaming with Parents for SEL

[Connecting with parents](#)

This workshop guides educators in understanding the importance and value of teaming with parents for student social and emotional skill development, and in exploring ways of doing so, including parental communications, school-home connections, home activities for parents, and more.

Intended for: Administrators & Educators

Course length: 3 hours

For additional courses, see our [catalog](#).

Practical and Proven SEL Lessons FOR ELEMENTARY SCHOOL STUDENTS

Success-building Strategies FOR MIDDLE SCHOOL STUDENTS

Empower Students to Learn, Grow and Build Relationships

Turbo Elementary Jumpstart SEL success

Turbo Elementary jumpstarts success by equipping students with foundational SEL tools that enhance learning, classroom behavior, and students' belief in their own academic skills.

Packed full of teacher-driven lessons, videos, discussion guides, and more, *Turbo Elementary* activates student agency, strengthens growth mindsets, and encourages the development of age-appropriate coping mechanisms.

Students learn how to wield powerful, grade-appropriate SEL tools across situations and contexts. Upon completion of six units, students are empowered with the skills they need to excel in a classroom setting, build balanced relationships with peers, and effectively express their feelings in challenging situations.

Grade Range: K–2

Course Length: 36 lessons per grade

Grade Range: 3–5

Course Length: 18 lessons per grade

Equip Students with Powerful Tools for Responsible Decision-making

Turbo Leader Suite Promote growth and independence

Give your students the confidence and skills to succeed in middle school. Help them manage their time, set goals, and get organized, and teach them how to make peer pressure work for them, instead of against them. By the end of their training, students will have higher confidence, new skills for success, and dozens of proven strategies to unlock their potential and achieve their dreams.

Grade Range: 6–8

Course Length: 17 lessons per grade

Standards: National Standards (Health);
Common Core (ELA & Math); ASCA; CASEL

This SEL Curriculum
has empowered
our middle school
students to lead and
succeed and helped
us create a culture
of growth.

Dr. Kevin Suchinski,
Superintendent, Hillside District 93
Hillside, IL

Improve Confidence and Performance in School and in Life

Critical Thinking and Study Skills

Teach students how to learn

As students transition to high school, they face intensifying academic challenges and more rigorous standardized tests. *Critical Thinking and Study Skills* provides students with a proven blueprint for academic success, based on the best research on student learning and Mosaic by ACT's fieldwork with more than a million students.

Grade Range: 9–12

Course length: 19 lessons

College and Career Readiness

Empower students to create bright futures

Today's high school students have a tremendous capacity to take charge of their own college and career searches, despite the challenge of navigating a dizzying array of options. *College and Career Readiness* uses research-based strategies to equip students with the skills needed to craft high-quality applications, find financial aid, research post-graduation options, and establish career goals.

Grade Range: 9–12

Course length: 25 lessons

Turbo Leadership

Transform learning through a culture of leadership

As students progress through high school, they face increased responsibility, difficult decisions, and opportunities for growth. *Turbo Leadership* focuses on the most essential, research-based leadership skills—like grit and growth mindset—that drive personal and academic success.

Grade Range: 9–12

Course length: 12 lessons

Course length: 25 lessons

Community Involvement Skills

Equip students with skills for academic and workplace success

As students prepare for postsecondary endeavors, the demand to cultivate skills for academic and workplace success intensifies. *Community Involvement Skills*, a web-based course, employs evidence-based SEL practices to equip students with the essential tools to improve their communication with others; manage their emotions; and navigate challenges adeptly at work, school, and in their personal lives.

Grade Range: 9–11

Course length: 52 lessons

Accelerate Success with Custom-tailored Strategies

Help ELL students address the unique challenges they face by improving their motivation, encouraging them to broaden their social connections, and supporting them as they learn to view themselves and their culture as powerful assets on their journey to success.

Super ELL for Elementary

Empower Every Student to Succeed

Support elementary ELL students in developing a growth mindset, establishing strong relationships, and building pride in their culture, all while strengthening language skills.

Grade Range: K–5

Course Length: 18 lessons

Super ELL

Boost Success through Social and Emotional Training

Super ELL increases the academic success, social confidence, and cultural fluency of ELL students by addressing their unique social and emotional needs.

Grade Range: 7–12, WIDA levels 2–3

Course Length: 10 lessons

Super ELL Super Student

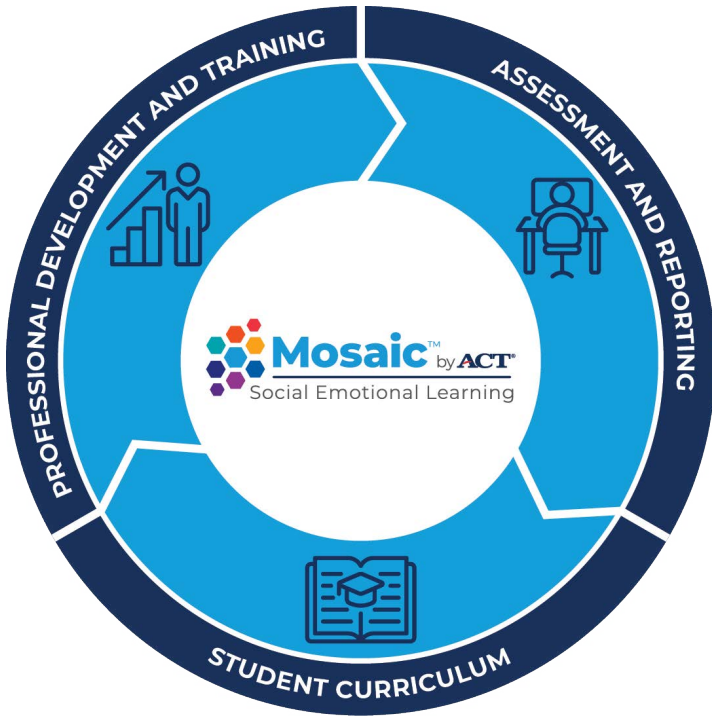
Increase Success in Mainstream Classes

Prepare ELL students for success in mainstream classes with training in research-based academic mindsets and skills.

Grade Range: 8–12, WIDA levels 3–4

Course Length: 10 lessons





CASEL (outer circle)
Mosaic by ACT SEL (inner circle)



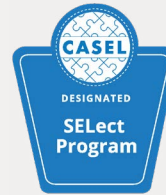
Measure SEL Skills Improvement to Demonstrate Growth

Evaluating students' progress in building social and emotional (SE) skills is just as important as evaluating their academic learning skills. Mosaic™ by ACT® is a proven system for helping educators track and build student development in SE competencies.

For a comprehensive solution, use our data-rich **assessments** to identify student SE needs, implement engaging **curriculum** programs, and then assess student growth after completion.

The Mosaic by ACT assessment advantage:

- **Reliable, valid results** using a multimodal approach that goes beyond traditional self-reporting.
- **Robust, research-driven** assessments that require no special or time-consuming preparation.
- **Easy and convenient** to administer online.
- **Comprehensive progress reports** provided at district, school, and individual student levels.
- **Valuable data and feedback** to support student self-knowledge, goal setting, and growth mindset.



Our 6-8 grade curriculum has earned the CASEL SElect designation.

It helped me realize that with grit and great effort, anything can be done, even if it seems impossible.

Juan,
High School freshman on Critical Thinking and Study Skills course

My students have increased confidence, a desire to work harder, and a stronger belief in themselves, and I'm seeing them use these qualities to become stronger students.

Bryan Peters,
ELL teacher

The Powerful Educator course empowers leaders to create a school culture that is rich in relationships, growth mindset, and collective teacher efficacy. I highly recommend this learning opportunity for your school.

Chris Silagi,
Principal, Whittier High School
Whittier, California

In a short amount of time, I have seen students make transformations in their lives.

Christy Walker,
Dean, Lincoln Park High School
Chicago, Illinois

95%

95% of students reported that Critical Thinking and Study Skills improved their ability to think and learn

97%

97% of educators recommend Powerful Educator

92%

92% of students say Super ELL increased their pride in their family and culture



Mosaic by ACT is included in
CASEL's Effective Programs Guide



Time to put SEL into action?
www.act.org/sel
or email learning@act.org for a demo