

WHY IT IS
IMPERATIVE
TO ASSESS



SOCIAL AND EMOTIONAL LEARNING (SEL) SKILLS

ACT® Tessera®

Next Generation Social and
Emotional Learning Assessment
System

EDUCATORS BELIEVE
greater emphasis on SEL learning
would have major benefits.¹

IN SCHOOL
77%

of all teachers
say SEL will
improve academic
performance.



AT WORK
87%

believe SEL will be a
major benefit in
preparing students
for the workforce.



IN LIFE
87%

believe SEL will
help students
become
good citizens.



Teachers believe programs in
SEL ARE ESSENTIAL⁵

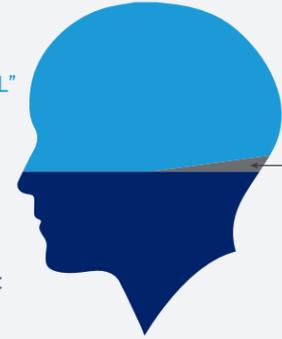
► Only 2% of teachers
think we teach too much SEL.

48%

"We need more SEL"

50%

"We have the right
amount of SEL"



2%

"Too much SEL"

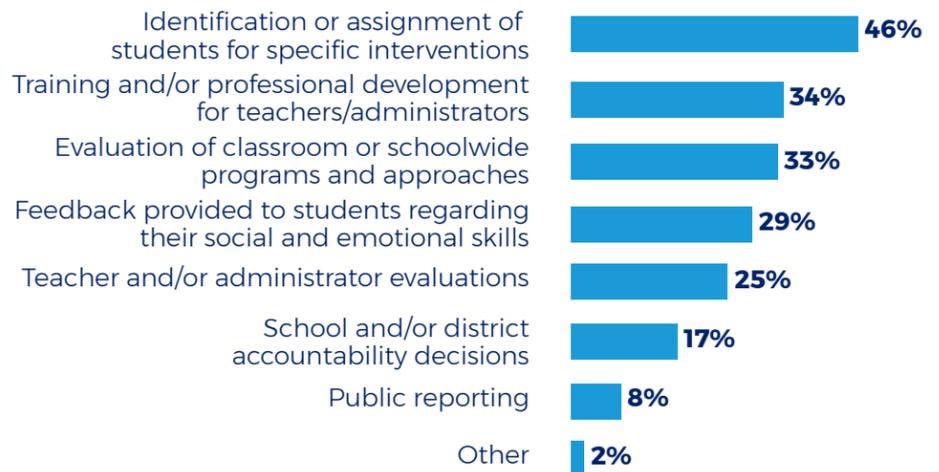
SEL makes a
**LIFELONG
DIFFERENCE**²



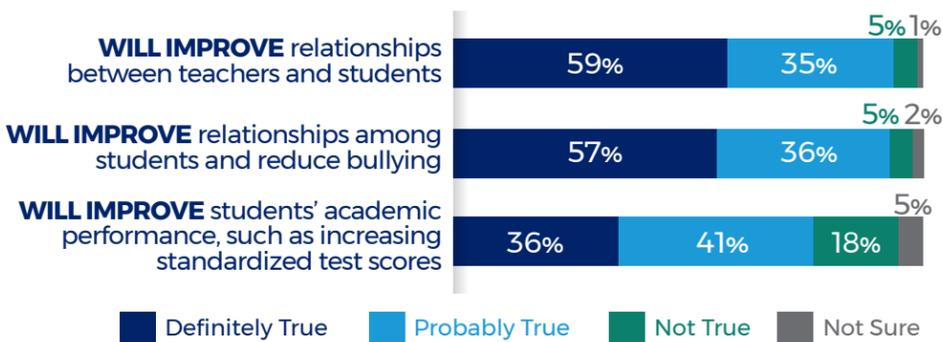
There's a resounding consensus among researchers that social and emotional competencies matter—a lot. Decades of research has shown these factors predict a host of important outcomes across different ages, countries, and cultures, including academic achievement, healthy living, job performance, overall life satisfaction, and even life longevity!

Data can be used to help both
STUDENTS AND TEACHERS.⁶

Educators see a wide array of current
and potential uses of SEL measurement.



TEACHING SOCIAL and EMOTIONAL
LEARNING SKILLS in schools has a
MEANINGFUL IMPACT.³



SEL DELIVERS AN ECONOMIC BENEFIT.⁴

On average, every \$1 invested in SEL programs yields \$11 in long-term benefits, ranging from reduced juvenile crime, higher lifetime earnings, and better mental and physical health.



Measurement of SEL
IS RELIABLE AND VALID.^{7, 8, 9}

Tessera uses 3 evidence-based methods to counter potential problems with faking and reference bias for greater reliability.

1. **Strongly Agree**

Self-report rating scales.

Students rate the extent to which they agree with a series of statements designed to assess how their Social and Emotional Learning skills play out in the school context.

2.

Situational judgment test items.

Students rate the extent to which they agree with scenarios that reflect everyday school life and respond to five possible responses to these scenarios.

3.

Forced-choice items.

Students are presented with statements designed to assess how their Social and Emotional Learning skills play out in the school context and are asked to select the statements that are "most like them" and "least like them."

Assess Accurately. Act knowledgeably.

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For sources (1-9) used for this infographic and more information about Tessera® visit tessera.proexam.org/resources and click on Infographic.

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