EDUCATORS BELIEVE greater emphasis on SEL learning would have major benefits:

- **IN SCHOOL**: 77% of all teachers say SEL will improve academic performance.
- **AT WORK**: 87% believe SEL will be a major benefit in preparing students for the workforce.
- **IN LIFE**: 87% believe SEL will help students become good citizens.

SEL makes a LIFELONG DIFFERENCE:

There’s a resounding consensus among researchers that social and emotional competencies matter—a lot. Decades of research has shown these factors predict a host of important outcomes across different ages, countries, and cultures, including academic achievement, healthy living, job performance, overall life satisfaction, and even life longevity!

TEACHING SOCIAL and EMOTIONAL LEARNING SKILLS in schools has a MEANINGFUL IMPACT:

- **WILL IMPROVE** relationships between teachers and students: 59% Definitely True, 35% Probably True, 5% Not True, 2% Not Sure
- **WILL IMPROVE** relationships among students and reduce bullying: 57% Definitely True, 36% Probably True, 5% Not True
- **WILL IMPROVE** students’ academic performance, such as increasing standardized test scores: 36% Definitely True, 41% Probably True, 18% Not True

SEL DELIVERS AN ECONOMIC BENEFIT:

On average, every $1 invested in SEL programs yields $11 in long-term benefits, ranging from reduced juvenile crime, higher lifetime earnings, and better mental and physical health.

Data can be used to help both STUDENTS AND TEACHERS:

Educators see a wide array of current and potential uses of SEL measurement.

Measurement of SEL IS RELIABLE AND VALID:

Tessera uses evidence-based methods to counter potential problems with faking and reference bias for greater reliability.

- **Self-report rating scales**: Students rate the extent to which they agree with a series of statements designed to assess how their Social and Emotional Learning skills play out in the school context.
- **Situational judgment test items**: Students rate the extent to which they agree with scenarios that reflect everyday school life and respond to five possible responses to these scenarios.
- **Forced-choice items**: Students are presented with statements designed to assess how their Social and Emotional Learning skills play out in the school context and are asked to select the statements that are “most like them” and “least like them.”

Assess Accurately. Act knowledgeably.

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