**Subject Line:** Make Your Extracurricular Activities Count

**Dear [Student],**

Extracurricular activities can help improve discipline, determination, commitment, communication, and social connection—which are all skills needed to succeed in high school and beyond. Our advice? Take advantage of these opportunities. According to ACT Research, involvement in high school activities is often associated with higher ACT Composite scores, regardless of a student’s GPA.

These activities can help you:

 Build leadership skills

 Become a team player

 Nurture your creativity

 Expand your experiences

 Enhance your abilities

 Identify your strengths

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**[Signature]**